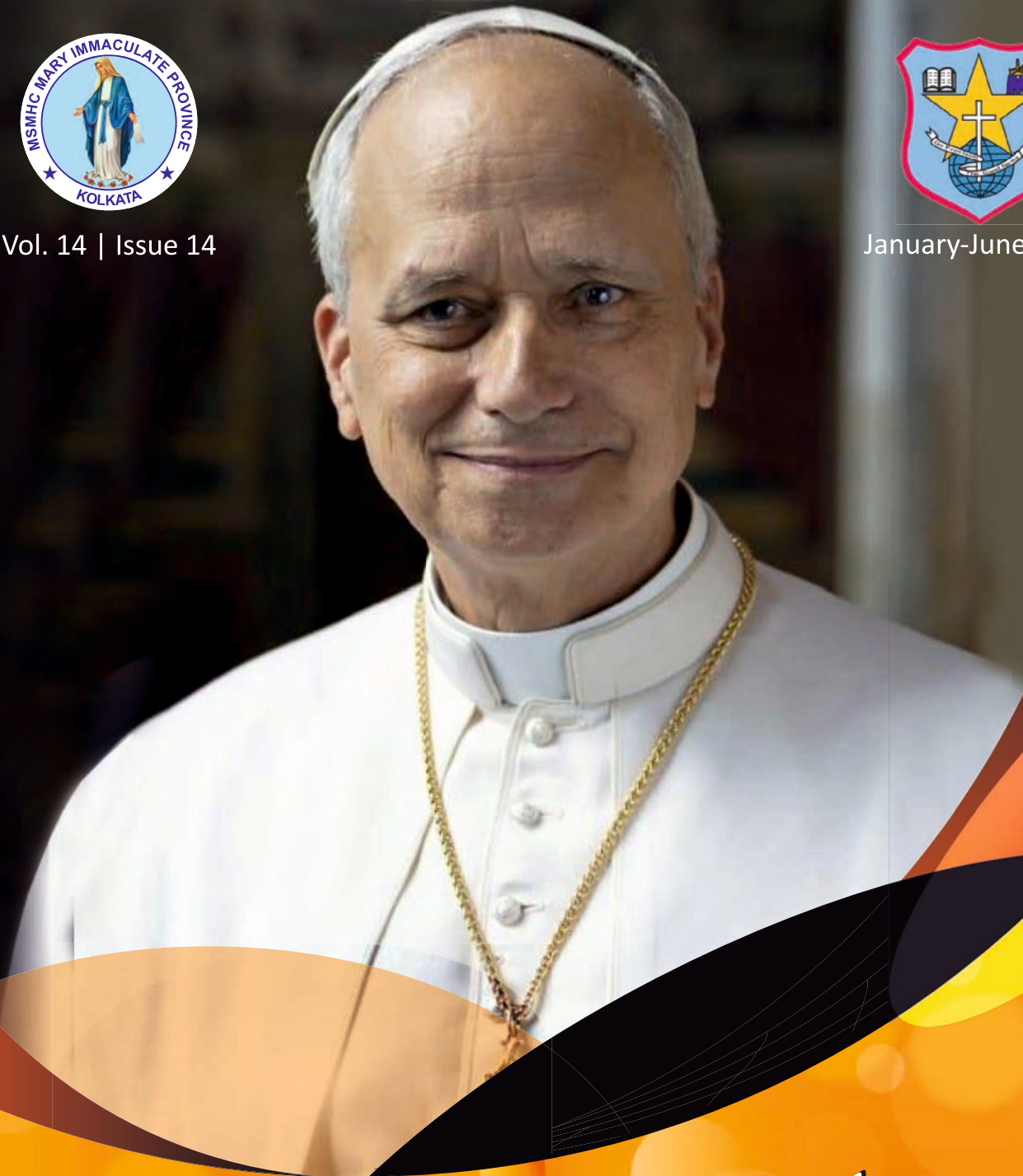




Vol. 14 | Issue 14



January-June 2025



pulse

**MSMHC Kolkata
-News and Articles**



1. *"God loves us, God loves you all, and evil will not prevail!" – Apostolic Blessing "Urbi et Orbi," May 8, 2025.*
2. *In a world marked by loneliness, division and spiritual confusion, this quote from Pope Leo's first ever speech as pope is meant to comfort, assure and invite every listener into a relationship with God.*
3. *Even today, there are many settings in which the Christian faith is considered absurd, meant for the weak and unintelligent. Settings where other securities are preferred, like technology, money, success, power or pleasure." – Homily for the Mass Pro Ecclesia, May 9, 2025*
4. *"Peace is built in the heart and from the heart, by eliminating pride and vindictiveness and carefully choosing our words." – Address to members of the diplomatic corps, May 16, 2025.*
5. *"Religious experience is an essential dimension of the human person. Without it, it is difficult, if not impossible, to bring about the purification of the heart necessary for building peaceful relationships." – Address to members of the diplomatic corps, May 16, 2025.*
6. *Our neighbors are not first our enemies ... but other men and women with whom we can speak." – Address to participants in the Jubilee of Oriental Churches, May 14, 2025.*
7. *Let us disarm words and we will help to disarm the world." – Address to representatives of the media, May 12, 2025.*
8. *Communication is not only the transmission of information, but it is also the creation of a culture." – Address to representatives of the media, May 12, 2025.*

FROM THE Provincial's Desk



Pilgrims of Hope: Embracing the Jubilee Spirit!

As we journey through this Year of Jubilee, we are reminded that we are pilgrims of hope. We walk together, side by side, carrying the torch of faith, love, and perseverance. This Jubilee year invites us to rediscover the essence of our faith, to renew our commitment to serving others, and to spread the message of hope and joy.

As pilgrims of hope, let us:

- Journey together, supporting one another
- Share our stories, experiences, and struggles
- Embody compassion, forgiveness, and love
- Seek reconciliation and healing
- Serve the marginalized and vulnerable

The Jubilee Year is a special time of celebration, reflection, and renewal. It's an opportunity to:

- Reflect on God's mercy: Experience God's loving kindness and forgiveness.
- Renew faith: Deepen spiritual life through prayer, sacraments, and service.
- Seek reconciliation: Foster forgiveness, healing, and unity.

For us Religious it's a very special time for

- Community renewal: Strengthen bonds, share experiences, and support one another.
- Missionary spirit: Embody compassion, serve the marginalized, and spread hope.
- Personal reflection: Evaluate ministry, discern growth areas, and seek spiritual guidance.

And to those whom we serve, let's give:

- Hope and encouragement: Share stories, offer support, and inspire others.
- Compassionate service: Provide tangible help, listen actively, and show empathy.
- Faith sharing: Witness to God's love, share spiritual experiences, and nurture faith.

Let's then live the Jubilee Spirit:

- Practice forgiveness and mercy.
- Cultivate gratitude and humility.
- Engage in acts of kindness and charity.
- Seek spiritual growth through prayer and reflection.
- Foster unity and reconciliation.

May the Jubilee spirit guide us, inspire us, and transform us. May we emerge from this year renewed, revitalized, and ready to spread hope and love to all. May the Jubilee Year bring joy, peace, and spiritual renewal to all!

Sr. Sini Mathew MSMHC

Sr. Sini Mathew
Provincial Superior



BASKING IN THE LOVE OF GOD, WE JOURNEY TOGETHER

On 5th May 2025, the batch meet of the sisters who professed from the year 1988 to 1996 was held in Provincial House Mayer Asha IChapur. It was a moment of joy and a precious time to be together, sharing and enriching one another spiritually. The sisters had a pilgrimage to the tomb of St. Teresa of Kolkata followed by the solemn Holy Mass celebrated by Rev, Fr. George Antony, The Parish Priest of St. Teresa Church Kolkata. The sisters had the privilege to visit Eco park to refresh themselves and enjoy the beauty of creation. They spent their day of outing under the guidance of Sr. Sini Mathew the Provincial superior. The sisters also had classes and sessions on different topics based on the vocational journey and ongoing formation. It was indeed a moment to cherish and a blessed time to renew one's vocation and commitment.



CHERISHING MOMENTS



Travelling all the way from Kolkata to Guwahati-Shillong was indeed a marvelous experience for many of us the retreatans of the first annual retreat 2025 which was held at Bethel. At the very outset, the retreat preacher, Mother Philomena Mathew gathered

everyone's attention with the words from the Bible "Come away to a deserted place all by yourselves and rest a while" (Mk 6:31) and from the letter of Founder, "He who prays well lives well". The only source of strength to keep moving in our lives and to carry out our apostolates faithfully is to be with the Lord, to be charged and recharged from Him.

During the retreat we got a deeper knowledge about our Founder, a man of faith as we journeyed with him in his mission through his letters to the Superiors and to the sisters. In various occasions, at the accomplishment of any work he always attributed to Madonna like Don Bosco who often said "All is the work of Mary". The visit to Cathedral and its surroundings made us re-lived the past memories of how he had walked and worked those places with his untiring feet and unflagging zeal accompanied with undaunted faith. We could not but wondered at the greatness of the love of God the Father. The pilgrimage to Founder's tomb at St. Margaret's peach lands was one of the delighted hours for all of us. The presence of our father and Founder was alive as we spent an hour of prayer service before his tomb. The warm welcome of the sisters and candidates brought to our mind the family spirit of sisterly union that our founder always insisted us to live. On our way back we visited Mary Immaculate Mawroh Novitiate which was a reminiscence of our formative years for some of us. The Novices, our future missionaries, were beaming with joy to welcome us. We fondly remembered the faithful daughters of Bishop Ferrando, the vibrant missionaries who went ahead of us and we spent a few moment of prayer as we visited the tomb of our sisters.

The grace filled days of the retreat helped us to live a resolute life as we go back to our own communities with renewed spirit. Praised be the Lord for His loving presence and unfailing mercy.



Sr. Phiralin Lyngdoh
Auxilium Convent School Siliguri



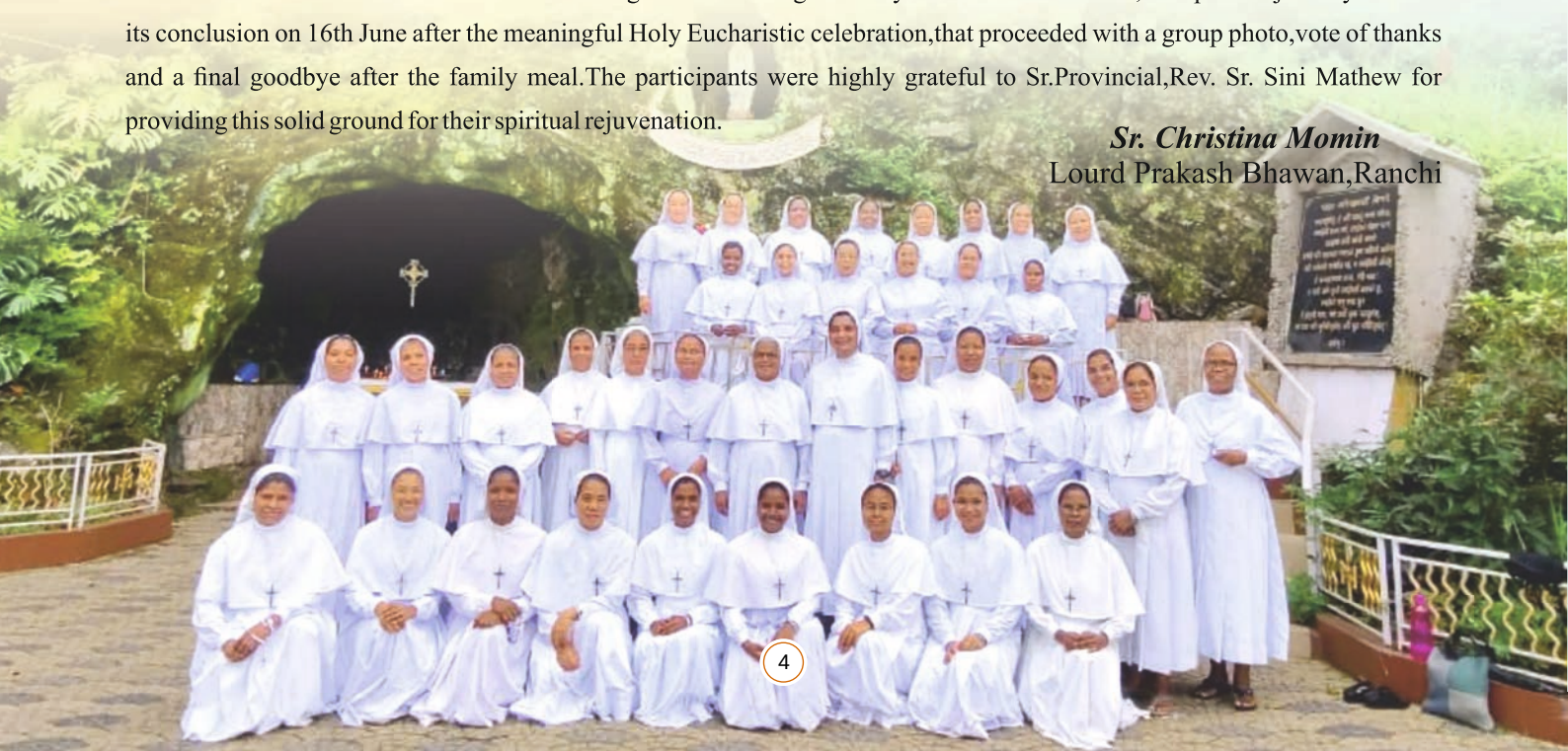
SPIRITUAL REJUVENATION IN THE FOOTSTEPS OF OUR FOUNDER VEN.STEPHEN FERRANDO



The annual retreat was held on 9th June, at Auxilium Convent, St. Mary's Hill, Kurseong, which provided a serene setting for 36 Sisters from various communities of the Province to gather for spiritual nourishment. The retreat was guided by the esteemed Most Rev. Sr. Philomena Mathew, a former Mother General renowned for her deep understanding of the Congregation's founder, Rev.

Stephen Ferrando SDB. Her leadership, coupled with the grounded experiences, paved the easier way for her and the Participants to imbibe deeply the heart of the Founder. Besides, the spiritual support of Rev. Fr. Thomas Gomes, SDB, who facilitated daily Holy Eucharist and Reconciliation, enriched the rich experiences of the Sisters. On their arrival to their destined place, the Sisters of Mary Help of Christians (FMA) the host warmly welcomed them, strengthening bonds of the Salesian family and the spirit. The sessions focused on delving into the charism of the Congregation and the lived experiences of Rev. Ferrando, encouraging the Sisters to reconnect with the roots of their Congregation's existence and their own personal vocation. Through the exploration of his letters, constitutions, and the Word of God, the retreat aimed to inspire the Sisters to pursue the perfection of charity in their consecrated lives, echoing the profound dedication of their founder. Every Sister had the most beautiful experiences of spending quality time in prayer and reflection. The inputs based on the life of the Founder enriched the Sisters effectively, to fan into flame the interior disposition of their lives, that gradually oriented them to deepen their love for the Founder and the Congregation. The Preacher vehemently shared her knowledge to the members who adhered to her attentively. They were reminded time and again to deepen the purpose of their call with: "Unless a wheat of grain falls to the ground and dies, it remains just a single grain but if it dies it bears fruit in plenty". In 12:24. The ambience and the weather served the days well for them, while the love, care and creativity of the hosts Sisters added strength and vitality to their conducive stay in the Convent. The visit to the miraculous ground of the grotto the replica of Lourdes was amazing and had a great spiritual impact on everyone, as it had been the best part of the Spiritual journey. The Sisters were thus, enkindled with faith like the Founder who often acknowledged "There is a God in Israel" 1 Sam 17:46. The great legacy of the Founder is thus, unveiled afresh to the Sisters through this grace-filled journey and the clarion call to fulfill this noble task handed on to generations is significantly resounded to all. Thus, the spiritual journey came to its conclusion on 16th June after the meaningful Holy Eucharistic celebration, that proceeded with a group photo, vote of thanks and a final goodbye after the family meal. The participants were highly grateful to Sr. Provincial, Rev. Sr. Sini Mathew for providing this solid ground for their spiritual rejuvenation.

Sr. Christina Momin
Lourd Prakash Bhawan, Ranchi





SILIGURI ZONE JUNIORS' SEMINAR - 15 MARCH 2025 AT AUXILIUM CONVENT SCHOOL, SILIGURI

On 15th March 2025, the Siliguri Zone Juniors gathered for an insightful seminar at Auxilium Convent School, Siliguri, bringing together the young sisters of the region for a day of reflection, learning, and spiritual nourishment. The seminar was graced by the presence of Father Xavier SJ, the resource person for the event, Sister Provincial, and Sister Regina Murmu, who stayed with the group for the entire session.

The day began with a short video clip featuring the testimony of Sister Christy, MSMI, which set the tone for the seminar. Her personal journey of faith, growth, and self-realization deeply moved the sisters and encouraged them to open their hearts to the day's teachings.

Various topics were introduced throughout the seminar, each aimed at encouraging deeper reflection and personal growth. The themes explored included:

- **Intra and Interpersonal Relationships:** The importance of understanding and nurturing relationships with oneself and others in the spiritual community.

- **Who Am I?:** A session focused on self-awareness and identity, guiding the sisters to reflect on their individual spiritual paths.

- **Physiological, Psycho-Sexual, Spiritual-Rational, Psycho-Social, and Personality**

- **Differences:** A comprehensive discussion on the many aspects of a person's development, recognizing and accepting these differences as part of the overall journey.

Sister Regina Murmu, the Councillor for Formation, gave an insightful reflection on the topic of **"Ongoing Formation."** She invited the sisters to take a closer look at themselves, to strengthen their vocation, and to take responsibility for their own lives. Her words encouraged each participant to engage in continuous personal and spiritual development, ensuring that their vocation remains vibrant and meaningful.

Following Sister Regina's talk, Sister Provincial shared **"10 Simple Points to Improve One's Vocation, Life, and Journey."** Among the key points, one stood out as particularly powerful: **"Embracing the Call."** Sister Provincial explained that an individual's vocation is not just a call but a gift—one that should be embraced with joy.

It is through this embrace that a person allows the call to shape and mold them into who they are meant to become. This message reminded the sisters the sacredness of their call and the importance of responding to it with open hearts. The seminar was an enriching experience that left the young sisters inspired and motivated to continue embracing their vocation with joy, responsibility, and self-awareness.



Sr. Margaret Theiinuo
(Auxilium Convent School, Siliguri)



JUNIOR SISTERS' ANIMATION

The Junior animation of West Bengal region was held in the Provincial house Ichapur on 29/03/2025. 14 Junior sisters of the province from different communities were present for the animation programme. The animation was conducted by Sr. Sini Mathew the provincial, Sr. Nycy Joseph MSMHC and Fr. George Antony the Parish Priest of St Teresa church, Kolkata. The first session was led by Sr. Provincial and she exhorted the young sisters to be genuine and faithful to their religious call and personal prayer. She also emphasized that maintaining a strong connection with God is an essential element for personal growth and effective contribution to the community's work. Faithfulness to one's prayer life enabled to remain focused, it energized oneself and strengthened vocation.

In the second session, Sr. Nycy Joseph spoke about the essential elements of religious life based on the Evangelical counsels and the foundation of religious life.

- * Chastity, Poverty and Obedience
- * Union with God
- * Fraternal life in community
- * Separation from the world
- * Charism specific to the constitution
- * Public witness.

Fr. George Antony spoke about the importance of helping the voiceless in the society, especially the upbringing of the tribal students in the field of education. To care for them and to help them in achieving their goals. He also reminded to care for the nature and the environment. The animation



programme was enriching and a good opportunity for the young sisters to experience and explore the bigger picture of religious life as well as to foster a deeper understanding of community life.

Sr. Mary Bashisha Jyrwa
Maayer Aasha Ichapur



PROVINCE ONLINE MEETING

On 30/03/25 We had the province online meeting organized by Sr. Sini Mathew the provincial superior. The meeting began at 6:00pm with the invocation of prayer by Sr. Regina Sunwar, Sr. Danisha Lyngdoh and Sr. Krisdalin Timung the student sisters from St. Clement College, Nagaon. Sr. Lincy Varghese gave a warm welcome speech for the sisters. During the meeting Sr. Provincial mainly stressed on the importance of community life and the values of living together with love and unity. She appreciated the sisters for being faithful in living the spirit of the congregation and the hard work and sacrifices made for the good and growth of the province and the congregation at large. She also reminded the sisters to be faithful to the community practices and to be the best version of self in order to maintain good relationships in the community. The Provincial councilors also gave some gentle reminders and thanked the different communities for their hard work; commitment and the progresses made in different fields of apostolate. After the meeting there was also a time to share the impressions and experiences from the sisters both young and seniors. Sr. Nycy Joseph proposed a vote of thanks to Sr. Provincial and the councilors. It was a wonderful and enriching moment and we are grateful to Sr. Provincial and the councilors for organizing this online programme.



MSMHC: NEW PRESENCE IN THE DIOCESE OF PATNA



Being inspired by the motto of our Congregation, "Go to the whole world and proclaim the Good News"(Mt. 16:15), Mary Immaculate Province, Kolkata, embarked into another new Mission in the diocese of Patna, a place called Harnaut, in the district of Nalanda.

On 20th March, at 11:30 a.m. there was special prayer

organized by the Provincial and team seeking God's abundance of graces upon Sr. Emrencia Minj, Sr. Dipa Sardar, Sr. Josephine Zonunpari and Sr. Angela the members of the new community Ferrando Convent, Harnaut, Patna. Accompanied by Sr. Jacinta Bhengra the vice-provincial and Sr. Mary Nemi, the councillor for Social Apostolate, the sisters began their journey on 20th March evening and reached their destination on 21st March to Patna.

The entire Family of St. Joseph parish, Harnaut and Loyola School, Harnaut, welcomed the sisters with eagerness, enthusiasm and songs of joy. At the arrival of the sisters the entire surrounding blossomed with newness and hope.

On 24th March, there was official welcome of the sisters by the Diocese of Patna. At 10:00 a.m there was blessing and inauguration of the sisters house and followed by the solemn Holy Eucharistic celebration, Rev. Bishop Sebastian Kallapura and around 25 priests from the different parishes were present to pray and greet the sisters. This auspicious occasion was graced by the presence of Rev. Sr. Mary Thadavanal the assistant general of our congregation. During the homily Rev. Bishop Sebastian invited the sisters to become the "messengers of love". He encouraged the sisters saying to be simple like Mother Mary having trust in God in all circumstances and be with the people and God will work miracles.

After the solemn Holy Eucharist there was short felicitation for the sisters and sumptuous meal was served for everyone in honour of the welcome of sisters in the diocese of Patna.



Pilgrimage To Darjeeling



Being the jubilee year 2025, a year with the theme Pilgrims of Hope, the community of Auxilium convent Siliguri along with the Pre- Novices went to the cathedral of Immaculate Conception Darjeeling for pilgrimage on 13th March. They were warmly welcomed by Fr Frederick Lepcha the Parish Priest. They had way of the cross and confession followed by the solemn Holy Mass. During the homily father had spoken about the history of the Cathedral specially the memories of Mother Teresa and how many pilgrims used to come and pray and received blessings. After the Holy Mass the sisters and postulants have the privilege to see and visit the places where Mother Teresa had lived and worked as a Loreto sister and had a good time. The day was spent in prayer and thanking God for His love and graces. As Pilgrims of hope, everyone experienced the mercy and abundant grace of God.



DEMISE OF HOLY FATHER POPE FRANCIS ON EASTER MONDAY, AGED 88

Pope Francis died on Easter Monday, April 21, 2025, at the age of 88 at his residence in the Vatican's Casa Santa Marta.

At 9:45 AM, Cardinal Kevin Farrell, Camerlengo of the Holy Roman Church, announced the death of Pope Francis from the Casa Santa Marta with these words:

"Dearest brothers and sisters, with deep sorrow I must announce the death of our Holy Father Francis. At 7:35 this morning, the Bishop of Rome, Francis, returned to the house of the Father. His entire life was dedicated to the service of the Lord and of His Church. He taught us to live the values of the Gospel with fidelity, courage, and universal love, especially in favor of the poorest and most marginalized. With immense gratitude for his example as a true disciple of the Lord Jesus, we commend the soul of Pope Francis to the infinite merciful love of the One and Triune God."

By Devin Watkins



*VALE Pope Francis
1936 – 2025*

A shepherd of humility, compassion, and faith.

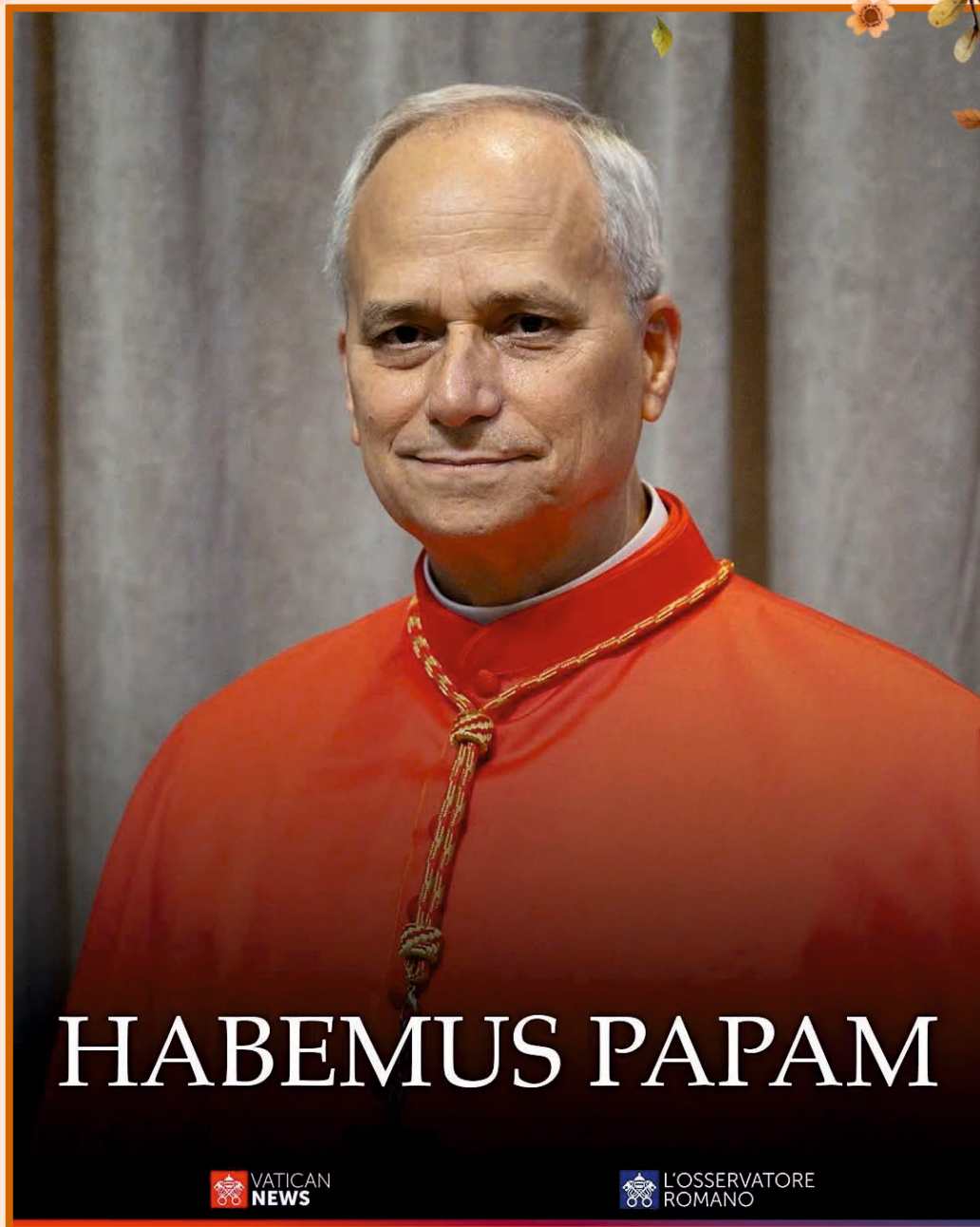




LET
THE CHURCH
ALWAYS BE
A PLACE
OF MERCY
AND HOPE,
WHERE
EVERYONE
IS WELCOMED,
LOVED
AND
FORGIVEN.

~ Pope Francis





WE HAVE A POPE!

Leo XIV is the new Pope

"Peace be with all of you!" - the first words of Pope Leo XIV. The Conclave has elected Robert Francis Cardinal Prevost as the 267th Bishop of Rome. The new pope was announced to the waiting crowds by Cardinal Protodeacon Dominique Mamberti.





Cardinal Robert Francis Prevost has been elected Supreme Pontiff, the 266th successor of Peter, and has chosen the name Leo XIV.

Cardinal Protodeacon Dominique Mamberti made the solemn announcement to the Church and the world on Thursday at 19:12 from the Loggia delle Benedizioni balcony of the Vatican Basilica.

The Conclave leading to the election of Pope Leo XIV had begun on Wednesday, May 07, 2025, in the Sistine Chapel of the Vatican's Apostolic Palace, with the extra omnes imparted at 17:46 by the Master of Papal Liturgical Celebrations, Msgr. Diego Giovanni Ravelli, after the oath taken by the 133 Cardinal Electors.

We join in the great joy at the election of the Church's new pastor and Bishop of Rome, asking the Lord to accompany him in the ministry that has been entrusted to him.

As a Church, our task will be to pray for the Holy Father so that his mission will be fruitful in the midst of God's people.

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TEACHER'S ORIENTATION PROGRAM AUXILIUM CONVENT SILIGURI

On 2nd April 2025, the Auxilium convent school teachers had their Orientation program. The resource person was Rev.Sr. Sini Matthew the Provincial Superior of Kolkata. She encouraged the teachers to build up a positive relationship with the students and to teach with love, compassion and creativity. She motivated the teachers to teach not only the lessons from the books but also to form the character of the students and to make them love what they do. She made the teachers active through interactions and thought provoking questions. The program started at 9.30am and ended by 4pm. After the program one of the teachers, Sir. Prosanjit proposed a vote of thanks on behalf of all the staff of Auxilium convent school, Siliguri. It was an inspiring and enriching session and teachers were very grateful to Sr. Sini Matthew.

ANNUAL DAY CELEBRATION



A mighty river often begins as a small stream emanating from a still limpid pool nestling in the relative obscurity of a high mountain. St. Mary's Convent School also has its humble beginning since 2022 in Nirmal Sadan Khategaon, Indore.

The first ever annual day was held on 07/02/2025 with vibrant showcase of creativity and hard work. The event began with the grand welcome and ceremonial lightning of the lamp a prayerful dance setting the tone for the evening. The school annual report was presented, detailing notable achievements in academic, sports and extracurricular activities. Rev. Fr.

Herman Tirkey the dean of Dewas Deanery applauded the students and faculties for their dedication to holistic education. The students captured the attention of the audiences through their colorful and various cultural performances. Each act resonated with the spirit of joy, unity and hope and it was indeed a moment of gratitude to God for his blessings.



“Walking Together Again: A spiritual Homecoming of the 2015 to 2018 Batch”



The 2015 – 2018 batch meet was held on May 10 and 11, bringing together sisters for a spiritually enriching and joyful reunion. The event began with a visit to the tomb of St. Teresa of Kolkata followed by a solemn Holy Mass presided over by Fr. George Antony, The Parish Priest Of St. Teresa Church Kolkata. That set a prayerful tone for the gathering. This sacred moment served as a heartfelt time of thanksgiving and unity. Sisters had a delightful lunch sponsored by Fr. George Antony. Participants also visited Echo Park, where they experienced a sense of nostalgia and spiritual renewal. Surrounded by its peaceful atmosphere, sisters found the visit to be a moment of quiet reflection and deep gratitude. They spent their day of

outing under the guidance of Sr. Sini Mathew, the Provincial Superior and Sr. Jacinta Bhengra Vice Provincial.

The second day of the meet focused on spiritual growth and reflection. Sr. Nancy Augustine led a session on prayer, encouraging a deeper personal connection with God. Sr. Sini Mathew's inspiring reflections on how God's plans surpass human logic, His unexpected yet powerful choices and the continuous guidance of the Holy Spirit in the church. Sr. Nicy Joseph conducted a session on the evangelical counsels offering valuable insights into the vows of poverty, chastity and obedience and how they serve as meaningful paths towards holiness and witness. At the close of the two days gathering sisters expressed that this two days of Batch meet was not just a mere coming together, instead was an opportunity to be renewed, strengthened and empowered spiritually to embark this spiritual journey of life with faith and hope.

Sr. Josephine Zo.



DON FABIO ATTARD THE NEW RECTOR MAJOR OF THE SALIESAN CONGNIGATION



On 25r March 2025. the 29th General Chapter of the Society of St_ Francis de Sales has elected the new Rector Major, Fr. Fabio Attar.

He is the 11th successor of Don gnu, called to lead the SAjuSary: oingreaalionand to perpetuate itstgcRago in the service of young people. especially the p o [::fe Et and most vulnerable in 136 nations aroundthe world. The 220 provinaals and delegates, gathered at the histonc Mother House of yorlscliKcpfil Turin after an intense journey of l;, ,j discernment have chosen Fr. Fabio /a4v0, as Rector Major He fully embodies the contemporaryU,t5Ou identity With his Zojm, Fr, Fabio will animate and govern a co mmunty composed of 13 750 consecratedrnehiibt.1 organized into 92 provinces across five continents

SPIRITUAL REJUVENATION IN THE FOOTSTEPS OF OUR FOUNDER VEN.STEPHEN FERRANDO

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Sr. Christina Momin

Lourd Prakash Bhawan, Ranchi



ANIMATION PROGRAM FOR THE RESIDENTS OF NIRMALA NIKETAN

On 09th May 2025, Nirmala Niketan – Senior Citizens' Home organized an animation session for its residents, focusing on personal reflection and embracing life's journey. The session was led by Sr. Johnsina CMC, accompanied by one of her candidates, and centered around the themes of self-awareness and acceptance of life's challenges.

Sr. Johnsina opened the session with a verse from the Bible: "Let each of you remain in the condition in which you were called." (1 Corinthians 7:20). She gently reminded the residents that life often places us in unexpected situations, and while we may long for familiar surroundings or the company of our children, true contentment comes from accepting where we are and trusting in God's plan. "God often calls us to bloom where we are planted," she said, "and to find meaning and joy in the present moment."

Emphasizing the value of the care and support they receive at Nirmala Niketan, Sr. Johnsina reassured the residents that their families find peace knowing they are safe and happy. She encouraged them to embrace both their strengths and limitations with grace, reminding them that this acceptance can be a gift of comfort to their children. She quoted Psalm 62:9: "Trust in Him at all times, you people; pour out your hearts to Him, for God is our refuge" and encouraged them to find comfort in God, the source strength.

Highlighting that each day is a blessing, she invited them to reflect with gratitude on the life they have lived and the milestones they have achieved. "Happiness," she said, "is not something found outside of us, it is a gift God has placed within each of us. When we choose to be joyful, we share that light with those around us." She invited them to find their joy in God and quoted Psalm 37:4: "Delight yourself in the Lord, and He will give you the desires of your heart."

Sr. Johnsina emphasized that Nirmala Niketan is a space for continued growth in grace. She acknowledged



the contributions each resident makes toward the life and spirit of the home, affirming the dignity and value of their presence.

Despite being in their 70s and beyond, the residents actively engaged with the session, showing enthusiasm and a keen interest in the discussions. The session was enriched by the participation of the candidate who accompanied Sr. Johnsina, who sang devotional songs and shared her personal vocational journey, adding a warm and interactive element to the program.

Nirmala Niketan Senior citizen's home
Nedungapra



MAY DAY CELEBRATION

In anticipation of International Labor Day, St. Joseph's School Ambari, celebrated May Day with great enthusiasm and reverence on 30th April 2025. The event was organized to acknowledge the invaluable contribution of our non-teaching staff—our helping hands who work silently behind the scenes to ensure the smooth functioning of our institution.

The programme commenced with a special assembly where students presented a heartfelt welcome to all school support staff, including our helper didis, security guards, drivers, gardeners, and office assistants. The cultural programme included an inspiring skit, portraying the dignity of labor, followed by a group dance performance and a student-led choir singing a song dedicated to gratitude and respect for our workers.

As a token of gratitude, gift were presented to each staff member by the school management, along with khadas and badges made by the students. The joy and pride on the faces of our staff made the occasion truly meaningful. The celebration concluded with a group photograph and refreshments for all the staff members.

This event served as a beautiful reminder of the values of appreciation, unity, and respect that lie at the heart of true education.

Sr. Sangeeta Kujur

Exciting Competitions

To promote holistic development and foster team spirit, St. Joseph School Ambari, successfully organized a series of exciting Inter-House Competitions in the month of April-May, including Cricket, Singing, and Dance events. These competitions not only brought out the creative and athletic talents of our students but also encouraged healthy competition among the four houses.

Cricket Competition:

The Inter-House Cricket Tournament was held on the school sports ground, where teams displayed outstanding sportsmanship, strategy, and coordination. After several thrilling matches, Green House emerged victorious, showcasing impressive teamwork and resilience. The final match, witnessed by students and staff, kept everyone on the edge of their seats.

Singing Competition:

Inter-House Solo Singing Competition was conducted on 10th May 2025. From classical melodies to patriotic tunes and popular songs, the participants mesmerized the audience with their vocal talent. All the participants performed excellently.

-

Dance Competition:

The Inter-House Dance Competition was a vibrant and energetic display of rhythm, creativity, and expression. Each house presented choreographed performances based on different themes such as folk, Bollywood, and fusion. The students performance were lively and well-coordinated fusion dance act.

Such events not only enrich the school experience but also help in building confidence, leadership, and lifelong friendships among our students.

Sr. Sangeeta Kujur



1ST ANNUAL DAY CELEBRATION

A mighty river often begins as a small stream emanating from a still limpid pool nestling in the relative obscurity of a high mountain. St. Mary's Convent School also has its humble beginning since 2022 in Nirmal Sadan Khategaon, Indore.

The Annual day was held on 07/02/2025 with vibrant showcase of creativity and hard work. The event began with the grand welcome and ceremonial lightning of the lamp a prayerful dance setting the tone for the evening. The school annual report was presented, detailing notable achievements in academic, sports and extracurricular activities. Rev. Fr. Herman Tirkey the dean of Dewas Deanery applauded the students and faculties for their dedication to holistic education. The students captured the attention of the audiences through their colorful and various cultural performances. Each act resonated with the spirit of joy, unity and hope and it was indeed a moment of gratitude to God for his blessings.



ORGANIC FARMING TRAINING BY NIRMAL SADAN KHATEGAON AND INDORE DIOCESE SOCIAL SERVICE SOCIETY.

On 22/02/2025 the organic farming training was given to the villagers by the sisters of Nirmal Sadan Khategaon and Indore Diocese Social Service Society in the village of Malsagoda Themariyatalai near Khategaon Tehsil . There were 60 farmers both men and women from 5 villages were present. The main training was to make organic medicine waste decomposer fertilizer by mixing five different types of leaves in the village of Malsagoda Themariyatalai. The vegetable seeds were distributed to men and women. During the training, Narendra Kumar Tambe gave detailed information about making five leaf solutions organic medicine waste decomposer fertilizer. In which the support and guidance of all the present were IDSSS director Rev. Fr. Martin Kujur Mr. Jackie Nirmal Sadan Khategaon Fr. Mukesh Machar, Sr. Taramani kujur social work in-charge , animator Mr. Rajesh Bakore ,Vishnu Doyre NFE a teacher, former sarpanch of the village Magan Mansore, Ramesh Dhangar and Hemant Bairagi Kailas Devda .Agricultural scientist , Narendra Kumar Tambe , Assisted by Arch Diocese Atlanta , Indore Diocese Social Service Society distributed seeds to all the farmers for vegetable farming.



NIRMAL SADAN KHATEGAON ACTIVITIES

"If my mind can conceive it and my heart can believe it, I can achieve it"- Mohammad.

The collaboration between the IDSSS and the sisters of Nirmal Sadan Khategaon along with Mr. Rajesh Bakore the animator of the social work of Nirmal Sadan Khategaon has demonstrated the power of teamwork and collective effort in achieving a common goal. They took great interest and were committed in serving the marginalized and spreading the Gospel values of love and compassion which has made a great impact in the model village under the care of Kas Stell foundation SENDE-Germany. The promotion of sanitation / hygiene/renewable solar energy, building of basic amenities for 45 tribal household of Themaritalai , Malsagoda villages of Khategaon cluster in Dewas district were the main activities carried out in this region. This project was started in January 2024 and it's still continuing.



Congratulations

AUXILIUM CONVENT SCHOOL, SILIGURI

ICSE Toppers

100% RESULT

90% & ABOVE 49 STUDENTS

A. MRITHIKA
99.4%

SRISTI PAL
99.4%

SANNIDHYA BHATTACHARJEE
99%

APPEARED: 154 STUDENTS

90% & ABOVE :	49 STUDENTS
80% - 89% :	71 STUDENTS
70% - 79% :	32 STUDENTS
60% - 69% :	2 STUDENTS

CONGRATULATIONS

ST. JOSEPH'S SCHOOL AMBARI

ICSE TOPPERS

AAROHI GUPTA
93.8%

MD. JUNEED
90.2%

MD. SAMIR ALAM
87%

90% & ABOVE - 02
80% & ABOVE - 14
70% & ABOVE - 22
60% & ABOVE - 25

CONGRATULATIONS

ST. JOSEPH'S SCHOOL AMBARI

ISC TOPPERS

ROUNAK GHOSH
91.25%

SNEHA ROY CHOWDHURY
89.5%

MD. SAMIR
85.75%

90% & ABOVE - 01
80% & ABOVE - 06
70% & ABOVE - 05
60% & ABOVE - 04

ST. MARY'S SCHOOL, KUDDA

ICSE TOPPERS

CONGRATULATIONS

RAGINI KUMARI
90.6%

RINKU SAW
88.4%

AMISHA ORAON
80.6%

RAVI DEMA
80.4%

MOMENTS OF GRACE AT AUXILIUM PRE-NOVITIATE



The Official Visit of Sr. Sisily Cherian, General Councillor for Formation, 14-18 May 2025

The Auxilium Pre-Novitiate, Siliguri, was blessed to receive Sr. Sisily Cherian, General Councillor for Formation, for her official visitation from 14th to 18th May 2025. Her presence brought much joy, spiritual renewal, and encouragement to the community.

The visit began with a warm and creative welcome prepared by the postulants, who expressed their joy through a beautiful biblical display. Sr. Sisily, with her motherly simplicity and gentleness, immediately created an atmosphere of closeness and fraternity, drawing everyone into deeper reflection on the beauty of our consecrated life, a call to configure Jesus Christ.

Throughout the days, Sr. Sisily offered conferences focused on the importance of personal union with God, living the spiritual life with renewed enthusiasm, and embracing formation as a continuous journey of growth in holiness.

Moments of prayer and adoration were meaningfully organized, including a special Thanksgiving Adoration led by the postulants, participated by all the sisters of Auxilium Pre Novitiate and the Auxilium Convent

Community, which became a profound expression of gratitude to God for the gift of vocation and for Sr. Sisily's inspiring presence.

The postulants also expressed their love and gratitude through a cultural evening filled with skit, song, and dance, reflecting their youthful spirit and formation journey. These fraternal moments strengthened the bonds of community life and left lasting memories of joy and unity.

The visitation concluded with a shared thanksgiving meal, where the community came together to celebrate the blessings received during these days.

Truly, the presence of Sr. Sisily Cherian was a time of grace, reminding the community once again of God's faithfulness and the beauty of consecrated life. The sisters and postulants remain deeply grateful for her accompaniment, guidance, and maternal presence, which renewed their commitment to walk joyfully in the path of holiness and service in the footsteps of our Father Founder Venerable Stephen Ferrando.

Sr. Juli Rai

Auxilium Pre Novitiate, Siliguri



PILGRIMS OF HOPE

“We have this hope, a sure and steadfast anchor of the soul, a hope that enters the inner shrine behind the curtain.” — Hebrews 6:19

Hope is indeed the anchor of our souls. It keeps us steady and helps us journey safely toward our eternal home. This year, marked as a year of grace, our community set out to deepen our faith and walk more closely with the Church. In doing so, we embraced this spiritual journey of hope, choosing to travel along paths within ourselves that are often less explored.

With minds uplifted and hearts prepared, we set out on a pilgrimage to the Mary Immaculate Cathedral in Darjeeling on 13th March 2025. We approached this journey not just as a trip, but as a day of prayer and renewal. Through hymns and devotions, we prepared ourselves to cast out the darkness within and welcome the light of Christ. We longed to replace confusion and weariness with a renewed and joyful spirit, feeding our souls with the love and mercy of God.

The pilgrimage during the Lenten season was especially meaningful. As we passed through the Holy Door, received the Sacrament of Reconciliation, and took part in the Holy Eucharist, our hearts were deeply moved. We were filled with peace, knowing that indulgences were granted, and above all, that we had experienced the loving mercy of God.

Even the very air of Darjeeling seemed to join in our prayer, and the fragrance of incense mingled with our songs of praise. Truly, it was a soul-refreshing experience—a reminder that God does not reject our fragile souls, but gently embraces us with His mercy.



A special moment of grace was visiting the place where Mother Teresa once spent time in prayer and discernment before founding the Missionaries of Charity. Her unwavering hope and trust in God's providence inspired us deeply. Her life reminded us that true hope leads to action, and that faith and love must go hand in hand.

This pilgrimage taught us that we are pilgrims of hope, journeying every day towards God. As we walk this path, may the fire of hope continue to burn within us. May our lives be a light of charity and love, reawakening the world with the presence of Christ.

By IbashailinNongrum and Rita Bakimchi Sangma
Pre-Novices, Auxilium Pre-Novitiate, Siliguri

LIVING WITH THE POOR



Living with the poor is a reflection of my personal experiences and insights that highlights of their pain and life struggles every day. While living among the impoverished community. Poverty is not just lack of money but it portrays the struggles, resilience and humanity of the poor. Emphasising how poverty affects every aspects of their lives from basic needs from food, clothing, shelter to dignity and opportunities. Through

firsthand experience, I feel uncomfortable and out of place, but over time, I begin to understand a little more deeper about the struggles and strength of poor community, social justice, social inequality and the importance of empathy and solidarity. The piece calls for awareness for action to support and uplift the marginalized.



Sr. Rose k mshmc



The 10 Lies Our Parents Told Us.... Out Of Love

They were not lies meant to deceive

They were the lies of love, the quiet sacrifices of love, the soft cover-ups to protect us from pain, hunger, sadness and fear.

Here are 10 of the most beautiful lies our parents told up. Not to hide the truth but to hide their suffering. so, we could smile.

1. *DURING MEAL TIME: During meal time, our parents always made sure we ate first. When we asked, "Mom, Dad why aren't you eating yet?". They would gently smile and say; "We are not hungry yet". But the truth was they were hungry. They just wanted to make sure we had enough. That our plates were full. They felt joy and peace just seeing us well fed. That was their silent sacrifice. A love that speaks not through words but actions.*
2. *WHEN WE ARE SICK: When we are sick our parents stayed awake all night, watching over us. Every time we wake up, they are there right beside us- worried, but smiling. When we ask, "Mom, Dad aren't you feeling sleepy? They softly reply" we will sleep once you fall asleep". But the truth is that they won't sleep till they are sure that we are okay. Their love keeps them awake.*



3. *WHEN THEY BUY NEW CLOTHES FOR US: They don't get anything for themselves instead they quietly continue to wear old and worn-out clothes. And when we say, " Mom, Dad what about you? They gently smile and say " We are old now; we don't need anything". But deep down we know the truth, they want nice thing too, but they choose to sacrifice for our sake. Their love is silent, their sacrifices are countless and their happiness lies in us.*
4. *WHEN THERE'S A SHORTAGE OF FOOD: When there isn't enough food at home. They always serve the children first. When the children asked " Mom, Dad come eat with us. They would reply " We already ate, we are full". But the truth is they haven't eaten. They are hungry. But they wouldn't show. Because their greatest joy is to see their children eating with joy.*
5. *WHEN THEY BRING FOOD AND TREATS FROM THE MARKET: They would give all to the children even the last bite. When the children asked " Mom, Dad eat with us, they would say, " No. no. you eat we had it". But the truth is that they haven't because it is not enough for everyone and they would silently make sacrifices for the joy of the children.*
6. *WHEN THEY ARE IN SORROW: When they are hurt and sad, they never show rather they hide their pains and sorrows behind the tired smiles. When the children asked, " Mom, dad why are you sad"? They made excuses but the truth is that they are sad because they are not able to meet the needs of the children and they felt bad.*
7. *WHEN IT RAINS ON THE WAY TO SCHOOL: When our parents walk us to school and it starts to rain, we offer to share our umbrella and say, " Come Mom, Dad let's walk together under it". They would refuse and say "Its fine. We are okay". They would cover us with umbrella whereas they would be soaked under the rain. While we stay protected. Such is their love for us.*
8. *WHEN THEY ARE SICK: When they fall ill, they never show their pains nor complain about their sickness. Rather they bore with a smiling face because they don't want us to be worried . They sacrificed their pains for the children.*

Sr. Mary Banisha Jyrwa
Maayer Asha Ichapur



JOY AND OPTIMISM: A LEGACY OF ST. JOHN BOSCO IN THE LIFE OF THE MISSIONARY SISTERS OF MARY HELP OF CHRISTIANS

Joy and optimism are not merely passing emotions; they are enduring virtues that illuminate the human spirit. Joy springs from the deep awareness of God's abiding presence, while optimism reflects an unshakable trust in His divine providence. Together, they infuse life with resilience, hope, and a spirit of gratitude, qualities that become a beacon in times of uncertainty.

True joy is born when one knows and embraces their identity as a beloved child of God. It flourishes in the profound realization that God is an infinitely loving and providential Father. This understanding transforms life's challenges, enabling believers to stand firm in the assurance that God's plans are always good and that His presence accompanies them in every situation. Such joy, deeply rooted in faith, remains steadfast even in the face of adversity. Optimism, in turn, becomes the natural response of a heart that trusts in God's constant care.

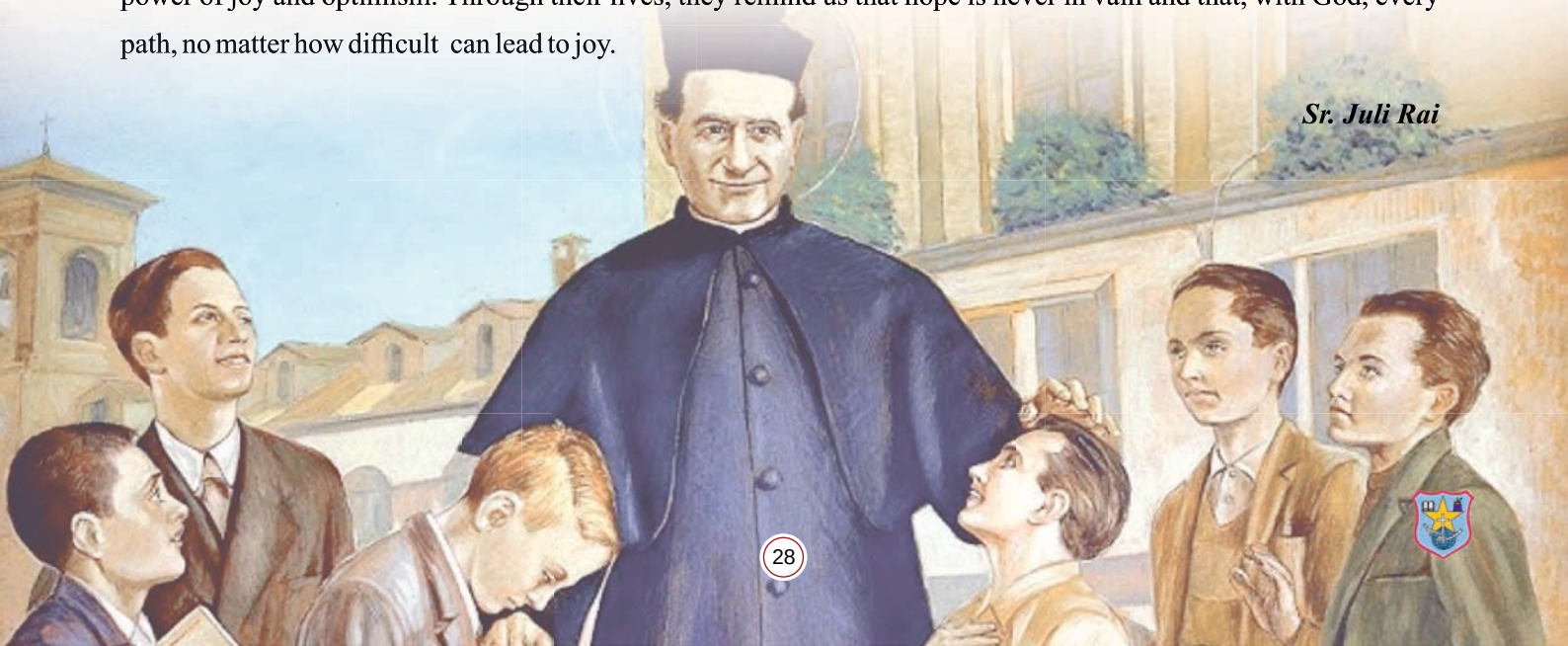
St. John Bosco, a man of unfailing faith and unwavering cheer, saw joy and optimism as essential paths to holiness. His Preventive System of education, anchored in reason, religion, and loving-kindness, fostered environments where young people thrived. Don Bosco believed that a heart at peace with God radiates joy, and that optimism born of trust in God's plan transforms even the most daunting challenges into opportunities for growth. His exhortation to "Serve the Lord in gladness" remains a timeless call to embrace life's mission with enthusiasm and hope.

Bishop Stephen Ferrando, deeply formed in this Salesian spirit, carried the torch of joy and optimism to the frontiers of missionary life. As founder of the Missionary Sisters of Mary Help of Christians (MSMHC), he exemplified courage and trust in God's providence. Through trials of war, natural calamities, and the demands of missionary work, his spirit remained unbroken. His letters and teachings continue to echo a message of unwavering hope, urging the Sisters to find joy in their consecrated life and to radiate that joy in service to others.

For the MSMHC, joy and optimism are not abstract ideals but lived realities. They are the heartbeat of their community life, the strength of their missionary zeal, and the light they carry into the world's darkest corners. Rooted in prayer and strengthened by the Salesian family spirit, the Sisters live their vocation as bearers of God's joy. In the face of challenges, they see not despair, but the possibility of renewal and growth.

In a world often clouded by doubt and sorrow, the witness of the MSMHC stands as a testament to the transformative power of joy and optimism. Through their lives, they remind us that hope is never in vain and that, with God, every path, no matter how difficult can lead to joy.

Sr. Juli Rai



MARY, THE MOST EMPOWERED WOMAN: ICON AND MODEL FOR MSMHC

Every MSMHC is graced and empowered by the Holy Spirit. It is the desire of the Founder that we work for the empowerment of women, girls and children. Mary, the most empowered woman is the model of courage and resilience, an icon of being filled and powered by the Spirit. Mary the mother of Jesus was always found being creative in her ways of responding to the needs of the time and always quick and prompt. In the scriptures we see how Mary took great risk in accepting the message from the Angel Gabriel and gave birth to the Savior of the world. She did not take time to think of the consequences of her yes nor did she understand what was asked of her. But through her 'yes' all humanity is saved and she played a great role in salvation history. Mary is not only the Mother of Jesus alone but a Mother to all nations.

The sun gives life, energy, light and warmth. God enveloped Mary with the power of His Son and from this power she draws strength, energy and light from the moon the light of Christ. Clothing herself with the light and the power of God and all the privileges that God bestowed on her, Mary becomes the most liberated woman as well. Mary resembles a woman of liberation, a woman of great faith, a woman of freedom, a woman of earth and heaven in touch with humanity and the divine, a woman in touch with herself and her inner soul, a woman of courage, confidence and dedication, a woman of action and bravery. Mary encountered pain in her life time, it connects her deeply with all the women through the ages who have endured hardships, physical, psychological and emotional pain. She was also a woman who knew poverty, discrimination and marginalization. She suffered rejection at Bethlehem for accommodation, when there was no room in the inn; she experienced the lack of human compassion in a very sensitive situation. Yet she was clothed with virtues noble and strong, gentle and kind to light up the world and bring forth the Savior. Any odd circumstances did not stop her from responding to the will of God. The MSMHC is to imitate mother Mary in her virtues and strength to liberate the suffering humanity from all bondages and exploitative situations.

Mary faces many hardships and challenges from the very time of annunciation till the very death of Jesus. But in all situations, she stood firm as a woman who is liberated, strong, unafraid and upright. In the midst of current social issues and great concerns, the MSMHC. It needs to look up to Mary, standing firm and unafraid, continuing its journey proclaiming the Good News to the whole world to give Jesus to all.

Mary listened to the Word of God, pondered and put to action. She is the most empowered and liberated woman in the spirit. She stands as the perfect example of consecrated life and dedication to mission in fulfilment of her call to be the mother of the Savior. Mary stands as our model and icon in pondering, assimilating and understanding the word of God and its demand.



Mary was present in the struggles of people. She could read the signs of the time and intervened promptly and on time. She made herself available to Elizabeth who needed her most in that situation completed her mission and returned to Nazareth. Mary was present at the wedding at Cana and solved their problems just by saying do whatever she tells you.

Mother Mary carries, lives and gives Jesus from Bethlehem to Calvary. In Bethlehem she gives Jesus to the most unrecognized strata of the people, the poor shepherds and to the most learned people; the wise king from the East. She has no discrimination of anyone, she presented her son Jesus to all nations both rich and poor, the learned and the simple alike.

Quoting the words of our Founder “We have one yearning, one aspiration, that is not even a single soul be lost by our carelessness or lack of enthusiasm”. Yes, as an MSMHC we are expected to have inner longing and desire to serve and go in haste towards the periphery in the margin like Mother Mary. We may not have or possess what the world counts as skills and professionalism but for the cause of the poor we can definitely crown ourselves with several virtues like Mother Mary who was crowned with 12 stars giving life and light. Keeping in mind the maxims “Always more and Always better”, let us go forth as an Msmhc along with our Blessed Mother Mary who is the most empowered, liberated and resilient able to endure all kinds of hardships.

Therefore, it is a high time for us to renew our life, have more desire for holiness and close relationship with our Lord Jesus Christ. The more holy we become the more we serve and save many souls.

Sr. Mary Nemi
Oodlabari



PEEPING INTO THE YEAR 2025

As we celebrate the Jubilee of 2025 after the great jubilee of 2000, the jubilee proceeded by the extra ordinary jubilee of mercy 2015-2016.

God so loved the world that he gave his only son to the world (Jn 3:16). God's love was so profound and comprehend that he went to the great extent to demonstrate to all of humanity without limiting to a collected group, but to include to everyone in his ocean of love.

This year we celebrate the jubilee of 2025th incarnation anniversary of Jesus Christ who gave us a strong foundation of Christian faith by his resurrection after His death. This Jubilee emphasize on spiritual Ecclesial and social upliftment.

We are invited to be tireless cultivators of the seed of the Gospel answer wait of the outpouring of the spirit for a blessed hope and to rise into a new life. For this we have to come out from our comfortable zone, learning His identity, the more we become divinized and always we focus on his glory.

God created human being in his own image and likeness (Genesis 1:27; Psalm 8:5). He crowned him with glory and honor. He also passed spiritual AND INTELLIGENTIAL CAPACITY THAT REFLECTS God's own nature. He gave Him dominion over all the other creatures. (Colossians 1:6)

In spite of all these, the human beings are feeling uncertainties, disappoint strife, struggles, hurdles along with hustle and thistle. There are also people lost in the maze of life ignoring the real purpose of their life on this earth.

So human life is compared to a turbulent and agitated ocean with all its chaos and turmoil's. All the same the sea has a fascinating and enchanting look. Before Ascending into heaven after his resurrection, His parting gift to the Apostles was Peace. He also invites us to spread the peace to every human being by approaching them with compassion and love.

All walks of people yearn for love and recognition. In this year of 2025, we have to be one with them and feel for them. We have to be available especially to the poor, needy, rejected, abandoned and downtrodden. The reality is that we became the church of Jesus to the extent that when we serve the poor with tremendous love and compassion with integrity.

“Restore hope to the young people, help the old, be open to the future, spread love, include the excluded, and preach the gospel to all. We will never disillusion if we are guided by God.

Sr. Teresa Antony
Siliguri



Walk the Talk: A Call to Authenticity

Sr. Dimaya Mary.L.Amdep
Ferrando Convent, Oodlabari

The Pharisees during the time of Jesus were highly esteemed for their strict observance of the Law of Moses and oral traditions. They were religious elites, respected in society, and seen as spiritual authorities. Yet, Jesus frequently confronted them-not for their knowledge, but for their lack of integrity. Despite their command of the Scriptures, they failed to embody the truth they preached. Jesus accused them of hypocrisy: “They do not practice what they preach” (Mt 23:3). Their religious acts were largely for show: “Everything they do is done for people to see” (Mt 23:5). Though outwardly clean and righteous, their hearts were corrupted- “full of greed and self-indulgence” (Mt 23:25). Theirs was a life of contradiction: preaching law but failing to live in love; advocating truth but masking it with pride and self-righteousness. The problem was not with their position or influence, but with their inward condition. The Pharisees talked the walk, but never walk the talk. Their religion lacked the spirit of transformation. Jesus, recognized this inner emptiness, challenged Nicodemus, himself a Pharisee, saying, “Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit” (Jn 3:5). True spiritual life does not just about knowing the law. It is about being renewed by the Spirit.

In contrast, Jesus lived what He taught. His life was a seamless unity of words and actions. He loved without condition, served without seeking reward, and forgave even in suffering. He did not simply speak about love. He was love incarnate. “I am the way, the truth, and the life” (Jn 14:6). His integrity was unbroken, even unto death. This spiritual path, rooted in integrity, calls for alignment between thought, word, and deed. It asks not for perfection, but for authenticity. It challenges us to live from the deepest core of our being, where God's Spirit dwells. A life of integrity remains consistent even amidst trials, because it is built not on appearance, but on essence. The Apostles lived this path. Guided by the Holy Spirit, they underwent a profound transformation. Their lives became radiant reflections of Christ, marked by simplicity, truth, and sacrificial love. They didn't merely teach the Gospel, they embodied it.

One such embodiment in more recent times was Venerable Stephen Ferrando, a true follower of Christ who lived before he preached. He taught his spiritual daughters, “Offer your heart to the heart of Jesus and do all the work for the glory of God” (from the heart, p.18). He urged them to pray fervently because he himself was a man of deep prayer. He encouraged generosity, citing Abraham's sacrifices (p.9), and spoke of the sweetness of God's love (17). He invited them to serve the poor and vulnerable not out of sentimentality, but because they reflect the image of the Christ Child- fragile, dependent, and in need of care, like Jesus under the protection of St. Joseph. Stephen Ferrando was humble and obedient, a man who never placed teaching above personal witness. He walked the talk, and invited others to do the same. In today's world, the spirit of pharisaic still lurks, in legalism, in image driven spirituality, and in religion without transformation. Yet, the invitation of Jesus remains timeless: “Follow Me” Not merely in words, but in a life that mirrors His truth, His love, and His Spirit. Let us, then, walk the talk, not for applause, but for the glory of God.



Never Fail To Love Yourself

There are various kinds of flower
That we see every day in our lives
R-O-S-E is the word
And becomes the name of a flower

Planting a garden of roses is not easy
It requires dealing with the thorns
Oh! Yes, these are beautiful
But it is unknown to us that
When they'll show their beauty
And first of all, we know
The character but still we love

Life is the symbol of ROSE...
Where we have to go through the challenges and problems
It may hurt you but remember
This is the gift from God
So never fail to love yourself

- Aspirant Shipra Horo

Relaxed in the Beauty

Waking up in the morning light
Taking coffee in the bright day light
Thinking about the dream I had last night
It's amazing that I can't hide

The sweet fragrance of flowers I smell
With the droplets of water, it fills

The wind blew in my face gently
The river passes from my feet silently
The stars are shining in the sky brightly
My little hearts stay peacefully

The nightingale is singing all day long
Alone chanting in the forest a melodious song

In the evening playing in the beach
At night shook the sand from my feet
When I wake up from my deep sleep
It's pleasant to have a nature peace

-Aspirant Shipra Horo

Two little stars

The stars in the sky
Walking around the earth
Dancing in the moonlight
Sparkling and shining together

Mingling their broken pieces
Unbreak every fracture they have
Frightened their hands slowly
Shining in the galaxy

As you and I are one
Let us round the earth
Let us shine forever and together
Let us add more beauty

-Aspirant Dapjingkyrmen



Joseph and Jesus

*Joseph, the son so dear to Jacob,
 Jesus, the beloved Son of God above.
 Joseph was sent to his brothers one day,
 Jesus was sent to show us the way.
 Joseph was hated by his very own kin,
 Jesus was scorned by His people, steeped in sin.
 Greed and silver, the devil's snare,
 Bought betrayal with hearts unaware.
 Joseph was sold for twenty silver coins,
 Judas sold Jesus for thirty, with lies he joined.
 Two criminals shared Joseph's cell in jail,
 Two thieves hung by Jesus, pierced by the nail.
 Joseph's robe was stripped away,
 They cast lots for Jesus' garments that day.
 Joseph rose to Pharaoh's side with grace,
 Jesus reigns at God's right place.
 Joseph gave grain when famine spread,
 Jesus gives us His Body, the Living Bread.
 One saved Egypt from hunger and strife,
 The Other offers eternal life.
 Two chosen souls, both sent from above—
 Joseph with wisdom, Jesus with love.
 Their stories reflect a divine mystery,
 A plan of hope through sacred history.*

*By, Baiakmenlang Ripnar
 Pre Novice
 Auxilium Pre Novitiate, Siliguri*



Smile

*Smile with gentleness and grace,
 It brings light to every face.
 Share your smile, pure and true—
 It will make the world feel new.
 Smile not just with sympathy,
 But let it shine with empathy.
 Smile with love from deep inside,
 And joy will always abide with you.
 Smile when you're at rest or play,
 Smile at the start and end of day.
 Smile while working, walking, too—
 Let your smile speak what words can't do.
 Because life is meant to be embraced,
 With every step and every pace.
 Jesus walks beside us all the while,
 So journey on—mile by mile—with a smile.
 Smile! Smile! Smile!
 Because—
 A simple smile, both kind and true,
 Can make the world more beautiful for someone too.*

*By Ana Rosa Shylla
 Pre-Novice, Auxilium Pre-Novitiate, Siliguri*



Hoping in God's Bountiful Mercy

*Lord of the Universe and Father of Mercy;
Look upon us once again with your unceasing love.
For forgiveness finds secure in you;
And peace and joy flow from you.*

*Like a proud eagle flying high;
Wishing to touch the sky,
Forgetting even its own creator;
But only death comes to reward.*

*Men no longer know the purpose of their being;
Love and justice are to be found nowhere.
As a result when we turn to every side;
We see terrors, miseries and pains.*

*Desires for power rule our land;
And violence and hatred march together.
As the misfortune awaits the proud eagle;
Disasters lie in every corner of the earth.*

*O God let not your wrath burn against us,
After the storms of our life;
We hope in the gentle breeze,
That is your mercy and compassion
For we place our trust in your kindness.*

Sr. Maria Goretti Haokip
Auxilium Convent School Siliguri



Relief And Joy

*With anxious heart, I sat and waited,
Doctor's words, my soul awaited.
Then came the news, so pure and bright,
"You're okay," a beacon in the night.*

*Tears of joy, a heart full of cheer,
Gratitude overflows, my fears clear.
Routine check-ups, a vigilant eye,
Monitoring health, as life passes by.*

*Thankful for life, for love and care,
For doctors' expertise, beyond compare.
November's next visit, a future date,
For now, I bask in joy's warm state.*

*With every breath, I'll praise and thank,
For life's second chance, a joyous rank,
I'm okay, a phrase so divine,
Echoes in heart, a melody fine.*

Sr. Sini Mathew
MSMHC Provincial House
Ichapur



Mary The Guiding Star

*O Star of Heaven, pure and bright,
You guide us through the darkest night.
When waves of sorrow crash and roar,
You lead us safely to the shore.*

*Your gentle light, so calm, so clear,
Dispels the clouds of doubt and fear.
You shine with grace that does not fade,
A lamp the Lord Himself has made.*

*When hearts are torn, and hope is small,
We lift our eyes and on you call.
You walk with us through joy and pain,
And point the way to Christ again.*

*Sweet Morning Star, so full of grace,
You light the path to Heaven's place.
Through storm and trial, near or far,
We sail by you, our guiding star.*



My Mom... My Love

*You held me tight when I was small
You caught me every time I'd fall
Your voice a song so soft and sweet
Your love - the ground beneath my feet.*

*Through storm and sun you stood so near
A steady hand a listening ear.
When life grew hard you help me cope
Your words became my thread of hope.*

*You gave me dreams and taught me flight
You stayed awake through endless night
You gave your all yet ask for none
A quiet strength that can be spun.*

*No gift could ever quite repay
The love you gave me every day
But still I hope my simple rhyme
Brings you a smile, just for a time
For all you are and all you do
Loving mom my heart belongs to you.*

Rose Khriam Msmhc



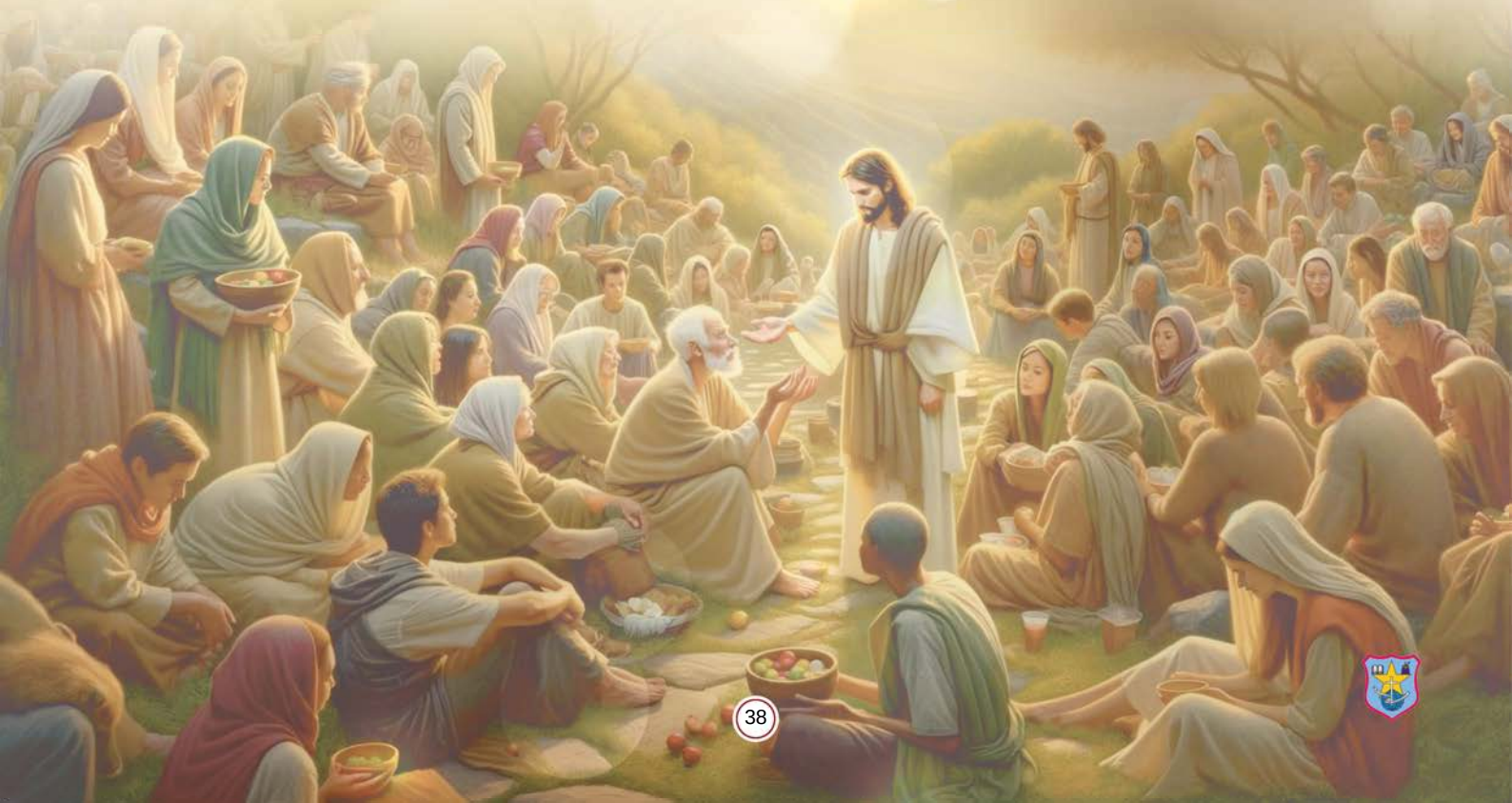
So Grateful

*I can't thank You enough,
But I still want to because You are so good to me,
I can't hold it back, I'm so grateful my Jesus.*

*I can't believe my eyes,
Seeing Your love all around me, teach me to love You,
I don't know how, I'm just so grateful my Jesus.*

*I can't but stick on to You,
For eternal happiness is what I find in You
I don't get it in the world, so I'm grateful my Jesus.*

Sr. kesonienuo Margaret Theinuo



- * *"May the light of Christian hope illumine every man and woman, as a message of God's love addressed to all!"*
- * *"May the Church bear faithful witness to this message in every part of the world!"*
- * *"For all of us, may the Jubilee be an opportunity to be renewed in hope."*
- * *"We choose love, and love makes our hearts fervent and hopeful."*
- * *"May hope fill our days!"*
- * *"Christian hope gives us the courage to build a fraternal and peaceful world when it seems barely worth the effort."*
- * *"We must fan the flame of hope that has been given us and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart, and far-sighted vision"*





VALE Pope Francis (1936-2025)
A Shepherd of humility, compassion and faith

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